

Environmental Policy Statement

Founded in 2007, The Gym is the original provider of high quality, low cost gym facilities in the UK. We offer 24/7, no contract gym memberships delivering great value-for money for all our members.

The Gym takes a proactive, strategic approach to environmental management and strives to be at the forefront of best practice within the health and fitness industry.

We recognise our business activities have substantial impacts on the natural and built environment and are therefore committed to:

- 🌱 The prevention and reduction of pollution and the continual improvement of our environmental management system
- 🌱 Reducing our use of natural resources, such as fossil fuels and water, using renewable sources for constituent materials where practicable
- 🌱 Working with our supply chain to ensure that we purchase materials that do not have an adverse effect upon human health or the environment, and are from sustainable businesses and source from local manufacturers wherever possible
- 🌱 Publishing our greenhouse gas emissions annually and implementing measures to reduce our carbon emissions
- 🌱 Continually reducing the environmental impacts associated with the transport of materials, goods and people
- 🌱 Reducing the amount of waste sent to landfill by increasing the recycling that takes place in our operation and through our waste contractors
- 🌱 Improving the environmental awareness of our colleagues and contractors
- 🌱 Recognising the impact we have on local communities and other interested parties and minimising any activities that may negatively affect them and consult with them where appropriate
- 🌱 Complying with all applicable legislation and any identified good practice

All colleagues, suppliers and contractors have a part to play if The Gym is to meet its environmental objectives. Likewise, The Gym recognises its influence on the environmental performance of its supply chain.

Responsibility for overall governance and implementation of this policy lies with The Gym Group PLC Board and The Gym Limited Management Executive who are fully committed to this policy and will continue to ensure its implementation.

We will ensure this policy is kept up to date, particularly as the business changes in nature and size and as required by changes in environmental legislation and best practice. The policy will be reviewed annually to ensure its effectiveness.

Signed:



Richard Darwin (Chief Executive Officer)

Date: 22nd March 2021