

Streamlined Energy & Carbon Reporting (SECR)

The Gym Group PLC



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Streamlined Energy & Carbon Reporting

1st January – 31st December 2021 Summary

Overall Carbon Intensity

38.54 tCO₂e per gym

YOY -6.69%

7,785.53 tCO₂e

tCO₂e YOY +3.00%

232.37 tCO₂e per million visits

YOY -24.41%

Carbon & Consumption

YOY = Year-on-year change

Natural Gas

6,999,558 kWh

1,282.04 tCO₂e

tCO₂e YOY: **-19.96%**

Electricity & Heat

30,238,841 kWh

6,419.68 tCO₂e

tCO₂e YOY: **+8.90%**

Transport

361,459 kWh

83.81 tCO₂e

tCO₂e YOY: **+35.45%**

Carbon Intensity Metric

6.35 tCO₂e per gym

YOY: **-27.48%**

31.78 tCO₂e per gym

YOY: **-1.35%**

0.41 tCO₂e per gym

YOY: **+22.71%**

38.27 tCO₂e per million visits

YOY: **-41.25%**

191.63 tCO₂e per million visits

YOY: **-20.07%**

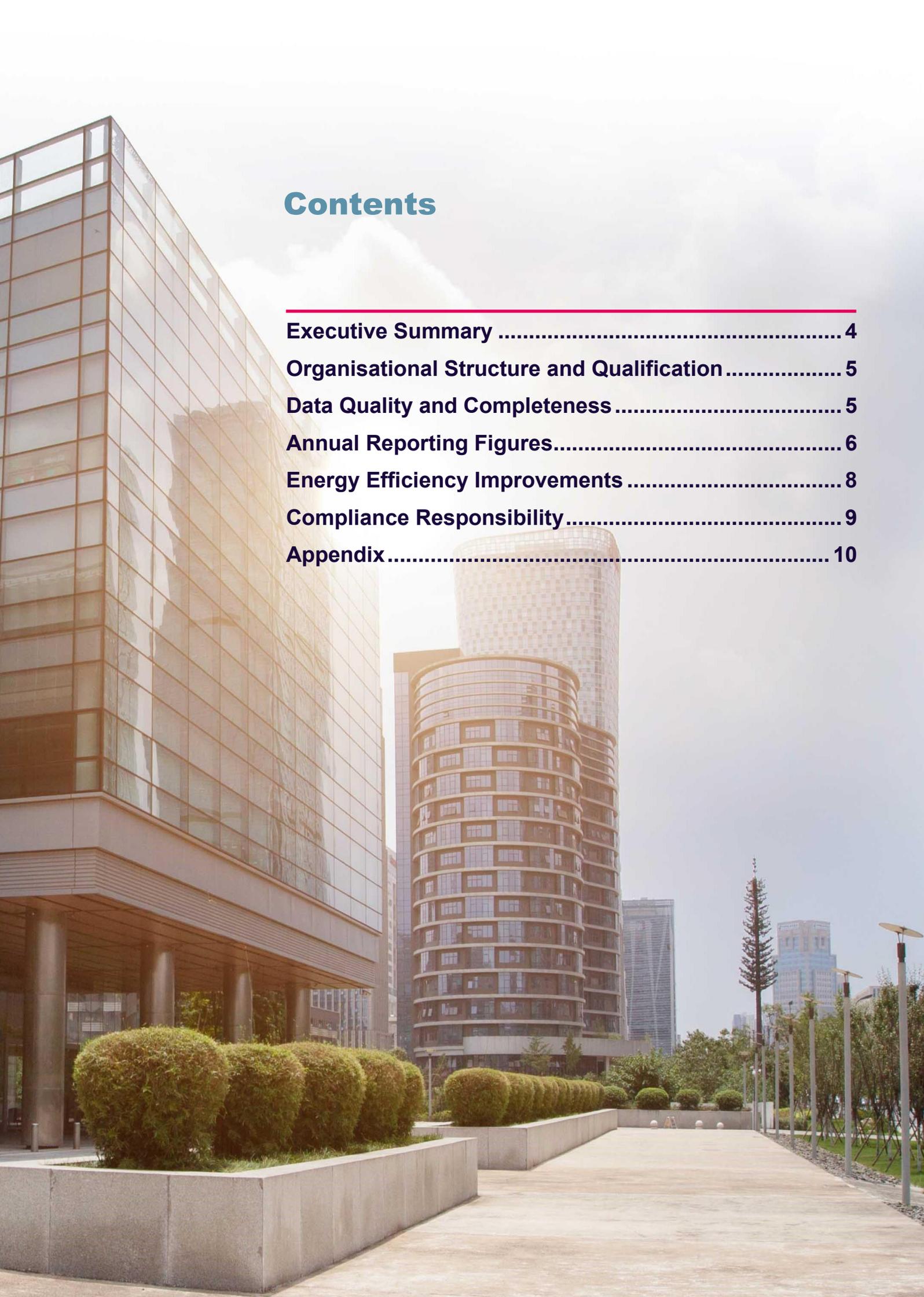
2.50 tCO₂e per million visits

YOY: **-0.58%**

Energy Saving Projects

Implemented

- Ongoing energy consumption monitoring



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Executive Summary

Energy usage, associated emissions, energy efficiency actions and energy performance for The Gym Group PLC.



Streamlined Energy & Carbon Reporting

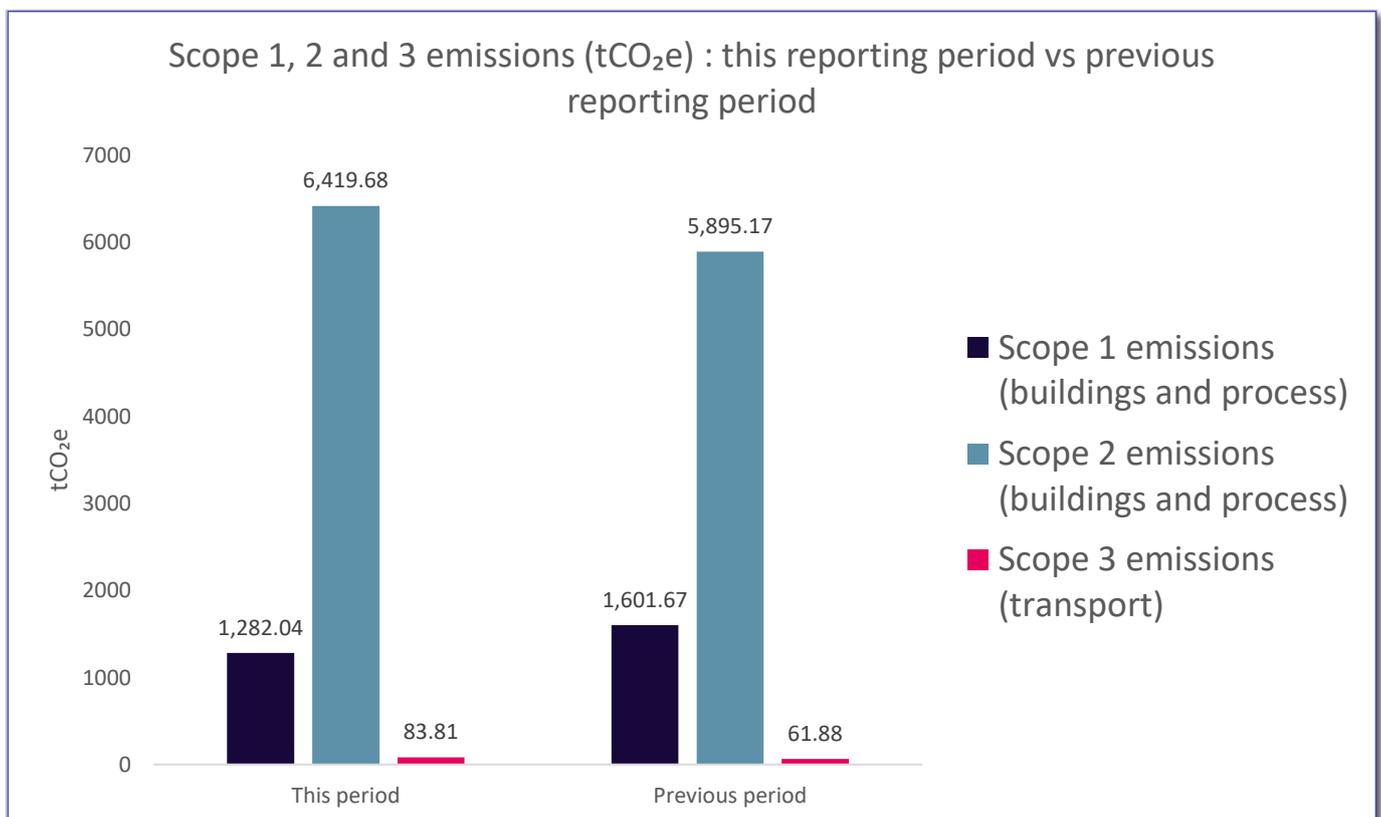
This report summarises our energy usage, associated emissions, energy efficiency actions and energy performance under the government policy Streamlined Energy & Carbon Reporting (SECR), as implemented by the Companies (Directors' Report) and Limited Liability Partnerships (Energy and Carbon Report) Regulations 2018.

It also summarises, in the appendix, the methodologies utilised for all calculations related to the elements reported under Energy & Carbon.

The Gym Group PLC are a UK incorporated business and is also a quoted company. Under the new SECR legislation we are mandated to include energy consumption, emissions, intensity metrics and all energy efficiency improvements implemented in our most recent financial year. An organisational boundary has been applied for the purposes of the reporting.

We are proud to say we achieved 97.5% verifiable data coverage with 2.5% of consumption data used for SECR has been required to be estimated to achieve 100% data coverage.

Year 2



Our Scope 1 and 3 direct emissions (combustion of natural gas and transportation fuels) for this year of reporting are 1,365.85 tCO₂e, resulting from the direct combustion of 7,361,017 kWh of fuel. This represents a carbon reduction of 17.90% from last year.

Scope 2 indirect emissions (purchased electricity) for this year of reporting are 6,419.68 tCO₂e, resulting from the consumption of 30,216,391 kWh of electricity purchased and consumed in day-to-day business operations. This represents a carbon increase of 8.90% from last year.

Our operations have an intensity metric of 38.54 tCO₂e per gym, and 232.37 tCO₂e per million visits for this reporting year.

This represents a reduction in operational carbon intensity of 22.31% from our previous reporting year.

Organisational Structure and Qualification



The Gym Group PLC

The Gym Group PLC is the holding company of The Gym Limited – a wholly owned subsidiary. 100% of the energy consumption and resulting emissions within the Group derive from operations of The Gym Group Limited.

The Gym Group Limited are required to comply with SECR, as we exceed the qualification thresholds of two of the three criteria (employee numbers, turnover, or balance sheet total).

Data Quality and Completeness

Invoices have been entered into a fully managed energy database up to 31st December 2021.



Data Completeness

All of our electricity and gas invoices have been entered into a fully managed energy database up to 31st December 2021, and data quality checks have been carried out for data completeness and accuracy. All transport information has also been entered into the energy database up to 31st December 2021.

There were a number of instances, equating to 2.5% of the total reported consumption, where it was necessary to calculate some estimated consumption to achieve 100% data coverage. Methodology of these estimation techniques is detailed in the appendix.

Annual Reporting Figures

The total consumption and emissions figures for energy supplies reportable by The Gym Group PLC



Consumption (kWh) and Greenhouse Gas emissions (tCO₂e) Totals

The following figures show the consumption and associated emissions for this reporting year for our operations, with figures from the previous reporting period included for comparison.

Scope 1 consumption and emissions relate to direct combustion of natural gas, and fuels utilised for transportation operations, such as company vehicle fleets.

Scope 2 consumption and emissions relate to indirect emissions relating to the consumption of purchased electricity in day-to-day business operations.

Scope 3 consumption and emissions relate to emissions resulting from sources not directly owned by us. This relates to grey fleet (business travel undertaken in employee-owned vehicles) only.

Totals

The total consumption (kWh) figures for reportable energy supplies are as follows:

Utility and Scope	2021 Consumption (kWh)	2020 Consumption (kWh)
Grid-Supplied Electricity (Scope 2)	30,216,391	25,272,315
Gaseous and other fuels (Scope 1)	6,999,558	8,710,907
Transportation (Scope 3)	361,459	263,430
Purchased Heat (Scope 2)	22,450	18,405
Total	37,599,857	34,265,057

The total emission (tCO₂e) figures for reportable energy supplies are as follows. Conversion factors utilised in these calculations are detailed in the appendix:

Utility and Scope	2021 Consumption (tCO ₂ e)	2020 Consumption (tCO ₂ e)
Grid-Supplied Electricity (Scope 2)	6,415.85	5,891.99
Gaseous and other fuels (Scope 1)	1,282.04	1,601.67
Transportation (Scope 3)	83.81	61.88
Purchased Heat (Scope 2)	3.83	3.18
Total	7,785.53	7,558.71

Our emissions have been calculated utilising location-based emissions factors, as published by BEIS. Due to the renewable electricity procurement contract that we have had in place since 2019, should we utilise market-based emissions factors to calculate carbon emissions, our Scope 2 electricity emissions would reduce by 6,056.62 tCO₂e to **359.23 tCO₂e**.

Intensity Metric

An intensity metric of tCO₂e per gym, and tCO₂e per million visits has been applied for our annual total emissions. The methodology of the intensity metric calculations are detailed in the appendix, and results of this analysis is as follows:

Intensity Metric	2021 Intensity Metric	2020 Intensity Metric
tCO ₂ e per gym	38.54	41.30
tCO ₂ e per million visits	232.37	307.45

Energy Efficiency Improvements

The Gym Group PLC are committed to year-on-year improvements in their operational energy efficiency.



Energy Efficiency Improvements

We are committed to year-on-year improvements in our operational energy efficiency. As such, a register of energy efficiency measures available to us has been compiled, with a view to implementing these measures in the next 5 years.

Measures ongoing and undertaken through 2021:

The continued disruptions due to the COVID-19 pandemic have impacted a full scale of energy efficiency projects being undertaken throughout 2021.

Ongoing energy consumption monitoring

We continue to collect and analysis utility consumption data across the entire portfolio. Profile Alerts are in place to identify areas of energy wastage and out of hours consumption.

Measures prioritised for implementation in 2022:

Net Zero Carbon Management

To align with resuming the undertaking of energy efficiency projects, we plan to fully assess our carbon and environmental impact in relation to business operations. This will encapsulate all steps required to reach our aspirations of Net Zero.

Compliance Responsibility

This report has been prepared for The Gym Group PLC by Net Zero Compliance: a division of Inspired Energy PLC



Inspired Energy

This report has been prepared by Net Zero Compliance (a division of Inspired Energy PLC) for The Gym Group PLC by means of interpreting the Companies (Directors' Report) and Limited Liability Partnerships (Energy and Carbon Report) Regulations 2018 as they apply to information supplied by The Gym Group PLC and its energy suppliers.

The Gym Group PLC's registered CEO and CFO are ultimately responsible for complying with the Regulations. They must be satisfied that to the best of their knowledge all relevant information concerning The Gym Group PLC's organisation structure, properties, activities and energy supplies has been provided to Inspired Energy.

This includes details of any complex ownership structures (e.g. private equity funds, franchises for private finance initiatives) and generated on-site (including CHP), or supplied to/from a third party (i.e. not a licenced energy supplier or a landlord/tenant).

Appendix

Reporting Methodology

Scope 1 and 2 consumption and CO₂e emission data has been calculated in line with the 2019 UK Government environmental reporting guidance. The following Emission Factor Databases consistent with the 2019 UK Government environmental reporting guidance have been used, utilising the current published kWh gross calorific value (CV) and kgCO₂e emissions factors relevant for reporting year 01/01/2021 – 31/12/2021:

Database 2021, Version 1.0.

Estimations undertaken to cover missing billing periods for properties directly invoiced to The Gym Group PLC were calculated on a kWh/day pro-rata basis at meter level.

For properties where The Gym Group PLC is indirectly responsible for utilities (i.e. via a landlord or service charge), an average consumption for properties with similar operations was calculated at meter level and applied to the properties with no available data.

These full year estimations were applied to 3 electricity supplies, and 4 gas supplies. All estimations equated to 2.5% of reported consumption.

Intensity metrics have been calculated utilising the 2021 reportable figures for the following metrics, and tCO₂e for both individual sources and total emissions were then divided by this figure to determine the tCO₂e per metric:

- | | |
|--|---------------------|
| • Number of gyms 2021 (2020) | 202 (183) |
| • Number of visits (million) 2021 (2020) | 33.5 (24.59) |



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